



GOVERNMENT COLLEGE OF
EDUCATION
SECTOR-20D, CHANDIGARH
NSS 7-DAY SPECIAL DAY and NIGHT
CAMP



“Swachh Bharat Abhiyan” Sub-theme: “*Saying
YES to life*”
(18-09-2023 to 24-09-2023)

CAMP DAY-1, MONDAY – REPORT (18-09-2023)

The NSS CELL of the Government College of Education, Sector 20-D Chandigarh is organizing Seven Days Special, Day and Night Camp from September 18, 2023 (Monday) to September 24, 2023 (Sunday). The inauguration of the camp was held on Monday, September 18, 2023. The inaugural function was initiated with lamp lighting by the Chief Guest, the Guest of Honor and the Principal Dr. Sapna Nanda, and the Programme Officers. The Chief Guests of the day were IAS Mrs. Bhawna Garg, IAS Smt. Anindita Mitra and the Guest of Honor was Dr. Nemi Chand, State Liaison Officer Department of Higher Education, Chandigarh Administration. The principal of the college formally welcomed the guests and motivated the NSS Volunteers for the 7-Day Camp ahead. NSS volunteers performed the NSS song followed by the college anthem and a Shabad ‘Dehi Shivavar Mohe’ by Karandeep Singh from B.ED. 1st Year.

The chief guests Mrs. Anindita Mitra (IAS) and Mrs. Bhawna Garg(IAS) addressed the NSS volunteers and motivated them towards active participation in sanitation and Swachhta Mission and encouraged them to follow their passion truthfully. NSS Newsletter for the year 2023 was also released by the College NSS Cell with the blessings of esteemed guests. Thereafter, Dr. Ravneet Chawla, Associate Professor and NSS Incharge of the college oriented on the schedule of the NSS camp thoroughly. Dr. Nemi Chand, State Liaison Officer, Department of Higher Education, Chandigarh Administration addressed and motivated students to participate enthusiastically in the events and emphasized on the importance of the activities of educational institutions.

Administration Chandigarh Traffic Police commandos discussed about the self-defense program. Constable Sonia and Constable Kamaljit Singh emphasized upon the importance of self-defense for everyone and especially for women. They also briefly introduced the self-defense Programme for the following days.

Mr. Vikas Sangwan, Inspector Cyber Crime presented an informative session about the latest trends of cyber-crime and raised awareness about how the youth today can tackle them effectively.

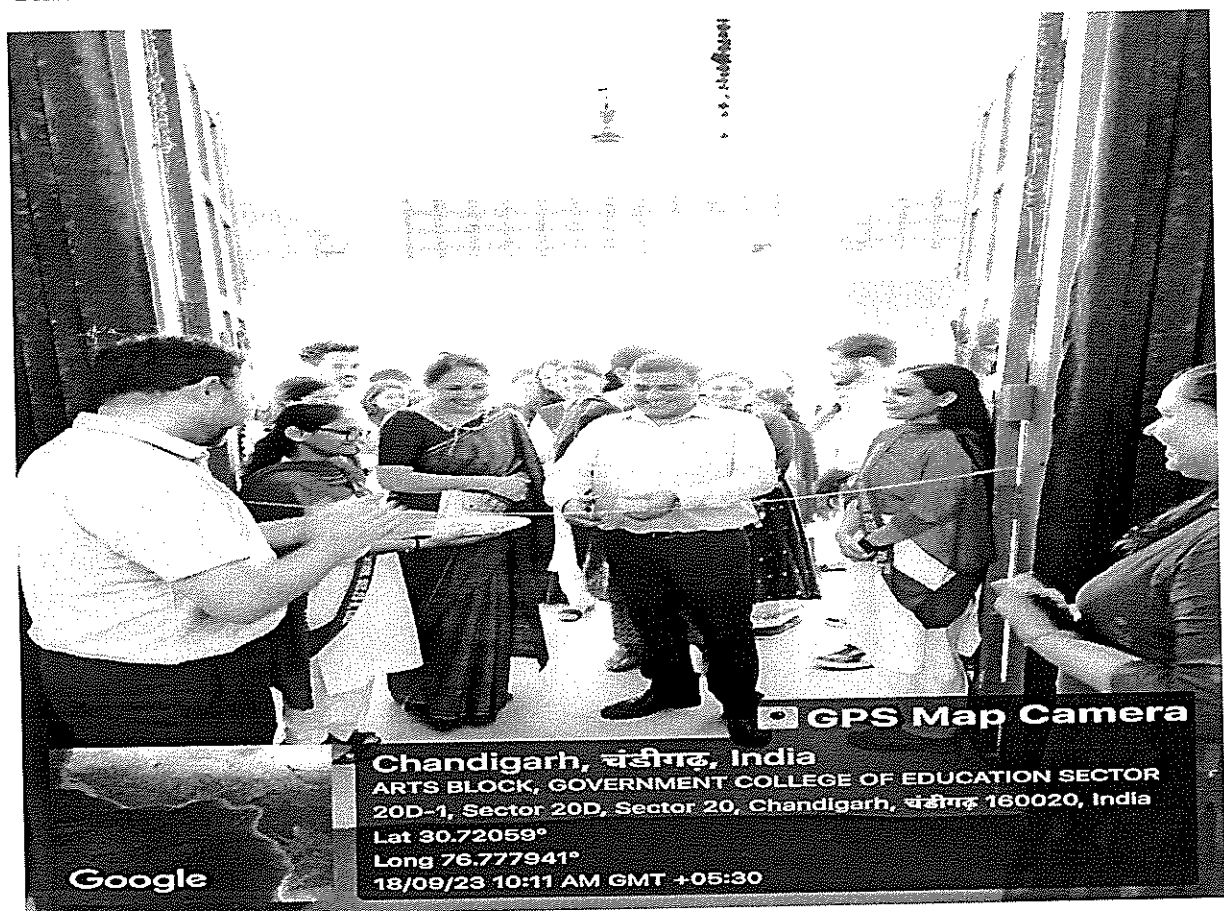
NSS volunteers actively expressed their talents through dance and music.

Lunch was then served by the NSS volunteers with the help of college staff. Mr. Ravinder Kumar then assigned volunteers to respective committees. This was followed by cleanliness drive where the volunteers actively participate.

Post lunch session was YES!+ Programme and The Art of Living workshop organized by Er. Santosh Sharma along with his associates. A brief introduction was provided about the 5 day YES!+ Programme which focuses on Youth Empowerment and Skills development. Various effective pranayama or breathing techniques were taught to the volunteers including Ujjai pranayama followed by guided meditation and relaxation sessions.

Dr. Ravneet Chawla, Incharge NSS extended a vote of thanks to the YES!+ instructors and the NSS volunteers for their dedication and active participation throughout the day. This was followed by the cleanliness drive and by heats of game in the hostel wherein the volunteers participated enthusiastically.

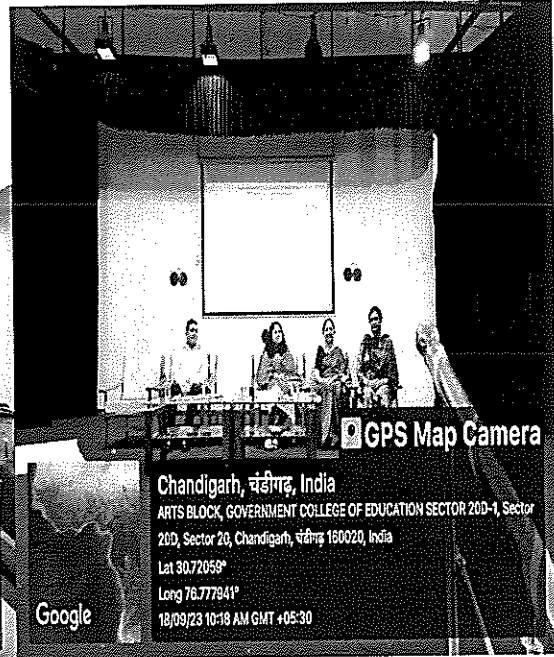
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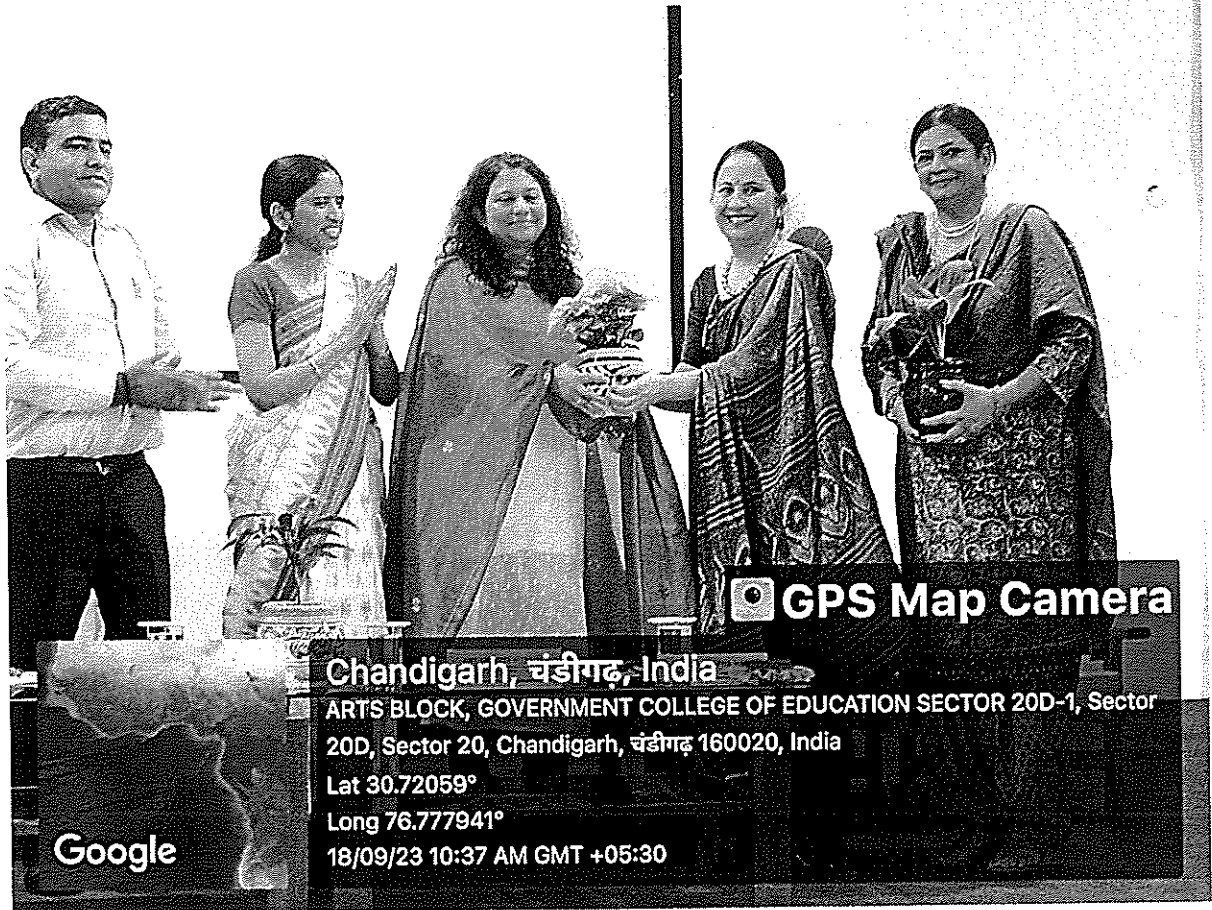
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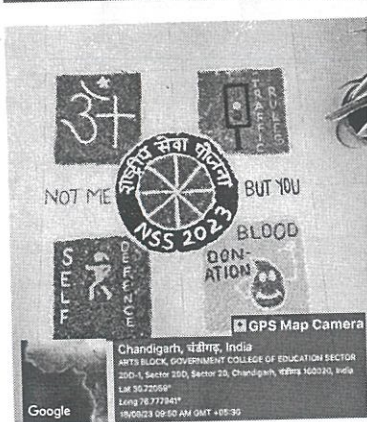
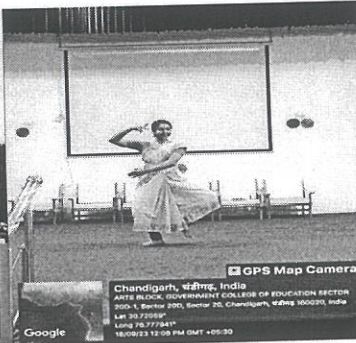
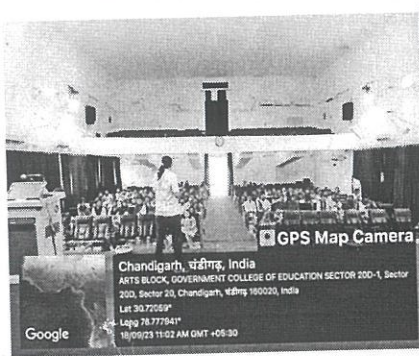
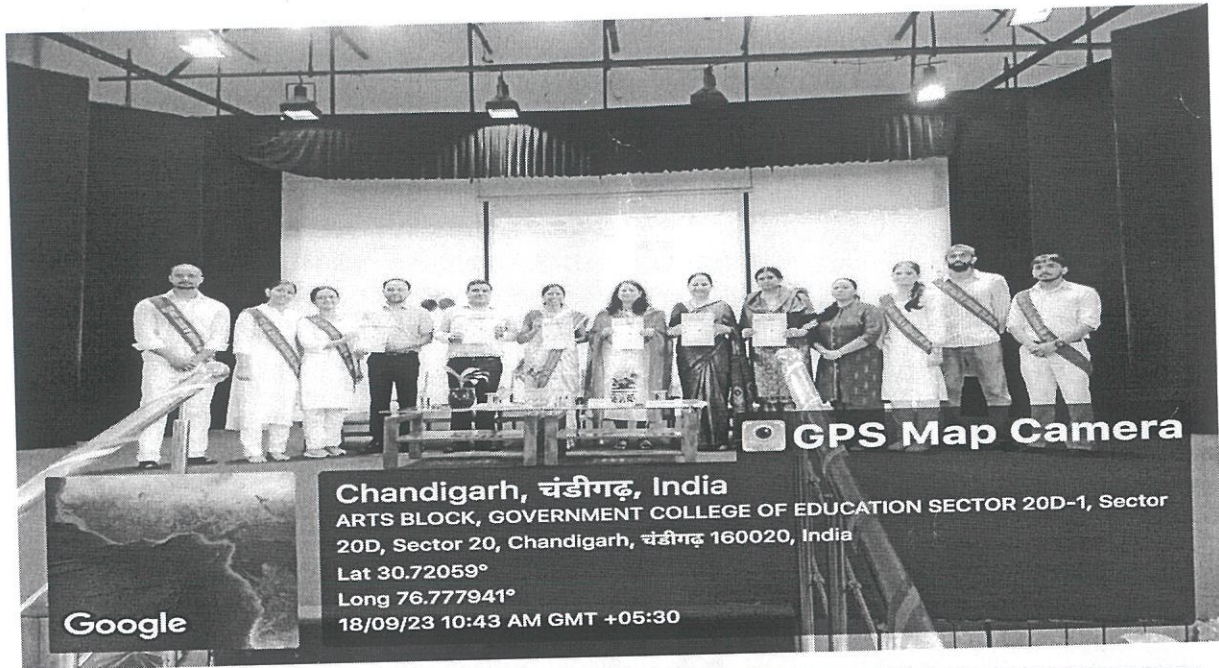
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NSS PO

Dr. Ravneet Chawla

Mr. Ravinder Kumar

Ms. Sonika Devi

Principal
19/9/2023
GCE-20-D, CHD